



6LBs Family Support Services, LLC

Harmony Bass, Certified NICU Doula (C-ND)

Clinical Collaboration Overview

6LBs Family Support Services provides compassionate, non-medical NICU doula support for families navigating high-risk pregnancy, antepartum hospitalization, the NICU journey, and the transition to home. This role complements the clinical care team by providing additional emotional support, education, guidance, and support with communication.

Scope of Support

What I Provide: Emotional support, evidence-based education and guidance within a non-medical scope, NICU preparation, support processing information families have received, help preparing questions for the clinical care team, and support through NICU discharge and the transition home.

What I Do Not Provide: Medical advice, clinical decision-making, interference with care plans, or medical charting.

Professional Foundation

My work is grounded in formal NICU doula training in evidence-based, family-centered, trauma-informed support, as well as lived experience, including time in the antepartum unit and NICU as a parent. I have supported families for more than 10 years on a volunteer level within NICU and antepartum settings. This work aligns with hospital policies, privacy standards, and HIPAA regulations.

Supporting the Care Team

Supports the patient and family experience, reinforces communication and continuity of care, provides families with additional emotional and practical support, and allows the clinical care team to remain focused on clinical care.

Insurance

Maintains active general and professional liability insurance coverage.

Contact

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Serving Greater Cincinnati & Northern Kentucky